

Sanlam Virtual Doctor

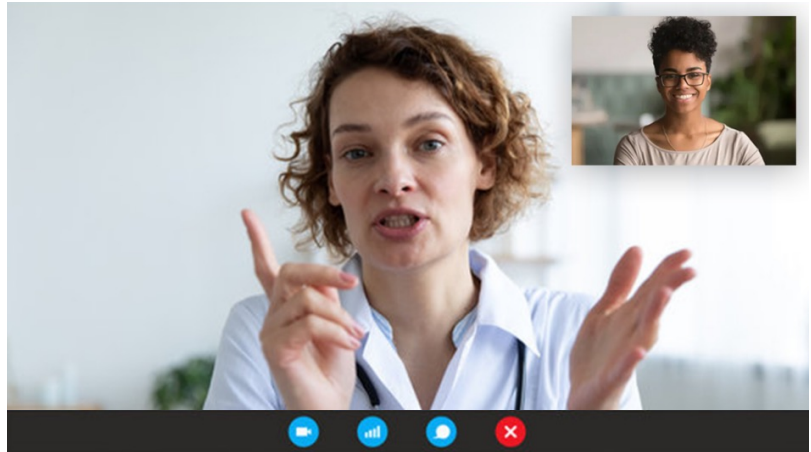
What is it, and what does it mean for you?

As a member of the Sanlam Umbrella Fund, you now have **access to a nurse or General Practitioner** through the [Sanlam Member Portal](#) or Sanlam My Retirement App - **free of charge**. This means you can book a consultation with a nurse or doctor whenever you need one, from anywhere, even if you don't have a medical aid.

What can I see the Virtual Doctor for?

You can use the Virtual Doctor facility to speak to a healthcare professional when you are sick or have questions around an existing condition.

Please note: Specialist consultations are not available through this platform.



Doctors and nurses are available during the following hours:

Monday - Friday	08:00 - 18:00
Saturdays	08:00 - 13:00
Sundays & Public Holidays	No service

How do I book a consultation?

