

A virtual approach to employee wellness

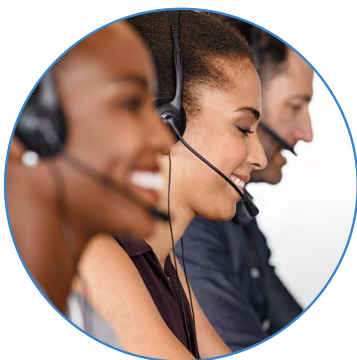


Sanlam Employee Assistance Programme (EAP) for Sanlam Umbrella Fund Members

What is EAP?

Our Sanlam Employee Assistance Programme (EAP) is a system of specialised services designed to support and assist employees through difficult situations, empower them to make positive lifestyle changes, and enhance their well-being and productivity and that of your company. Through our innovative Sanlam Evolve Digital EAP solution, we can deliver a high quality and cost-effective EAP solution to our clients with a focus to:

- ⤷ Support the company with professional 24/7 counselling services through multiple channels
- ⤷ Engage with our clients through data-driven programme management
- ⤷ Provide personal growth opportunities through continuous proactive clinical tools



Support

- 24/7 Unlimited Telephone Counselling
- Mobile APP



Managerial Referral

- Virtual Counselling Support for work impact cases



Digital support

- Live Reporting Dashboard
- HR Support Portal



Clinical Specialist Talks

- Proactive Series
- Annual Company Wellness Diagnosis



Programme Choices

- Face to Face Counselling
- Group Trauma Support
- Learning & Development

SUPPORT

Professional Counselling Services



ENGAGE

Company Programme Support



GROW

Proactive Wellness Tools



Monthly Premiums 2023

Sanlam Evolve EAP Core Support - R15.82 per member ex VAT

Additional Services (fee-for-service)

Group Trauma Intervention - includes 3 onsite or virtual visits per intervention	R5 219.53 (ex VAT)
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Face-to-Face Intervention rates (fee-for-service) - unlimited sessions per intervention

Number of Face-to-Face Interventions	Price ex VAT
1 Individual offsite Face-To-Face Counselling	R1 329.09
5 Individual offsite Face-To-Face Counselling	R6 645.47
10 Individual offsite Face-To-Face Counselling	R13 290.95
15 Individual offsite Face-To-Face Counselling	R19 450.17
20 Individual offsite Face-To-Face Counselling	R25 316.09

Learning and Development rates (fee-for-service) - over 30 workshop topics available

Number of Sessions	Price ex VAT
4 Virtual or onsite 1 hour sessions	R14 238.00
8 Virtual or onsite 1 hour sessions	R28 024.00

Additional Company Reports (fee-for-service)

Programme Reporting Services	Price ex VAT
Monthly Reports (12)	R14 594.22
Quarterly Reports (4)	R14 594.22
Annual Report (1)	R6 080.89



Sanlam EAP Evolve Core Programme Benefits

Included in core programme

- ⌋ 24/7/365 Clinical and Professional Counselling Support Services for employees and their immediate family members - Unlimited Support and Toll Free from landline and mobile phone
- ⌋ Digital Hub - Mobile App and Online Wellness Portal
- ⌋ Live Text Based Counselling Support
- ⌋ Financial Coaching Service - unlimited telephonic access
- ⌋ Virtual Managerial High Impact Work Related referral Support - unlimited referrals
- ⌋ Online Reporting Dashboard - ROI included
- ⌋ Digital Marketing Programme Portal - monthly updates
- ⌋ Virtual Programme Management
- ⌋ Virtual Learning and Development Open Webinars
- ⌋ Virtual Musculoskeletal and Ergonomic Focused Open Webinars
- ⌋ Digital Employee Wellness Challenges and Campaigns
- ⌋ Organisational Wellness Diagnosis

Sanlam EAP Evolve Add-on Benefits

Fee-for-service

- ⌋ Face to Face Individual Counselling
- ⌋ Group Trauma Interventions
- ⌋ Learning & Development Training Workshops
- ⌋ Additional Programme Reporting

Sanlam EAP bespoke solutions

For companies with more than 300 employees who are interested in a comprehensive offering, we can design a bespoke solution to meet the objectives of your company.

Additional benefits in our comprehensive offering could include:

- ⌋ On-site Psychosocial Support services
- ⌋ Bespoke printed and digital marketing material
- ⌋ Dedicated Account Management - include onsite awareness sessions
- ⌋ Unlimited Counselling and Group Trauma services
- ⌋ Health @Hand Support
- ⌋ Monthly, quarterly and annual reports

Keen to find out more?

Get in touch with your advisor or broker today or contact:

Sanlam EAP

Should you have any queries about these offerings, please contact your Sanlam Corporate Client Solutions Specialist.

E-mail: sanlamumbrellafund@sanlaminvestments.co.za

Alternatively, you can send an email to shamila.fakie@sanlam.co.za

Sanlam EAP is powered by ICAS (a Lyra Health company). Terms and conditions apply.